

BERTRAND CHAFFEE HOSPITAL  
Department of Radiology  
224 East Main Street  
Springville, N.Y. 14141  
716-592-2871 Ext.1265

Name: \_\_\_\_\_  
Exam: \_\_\_\_\_  
Date: \_\_\_\_\_ Time: \_\_\_\_\_

## INSTRUCTIONS FOR CT (CAT SCAN) PATIENTS

**\*\*\* If you weigh more than 300 lbs., are claustrophobic, or are pregnant, please notify X-ray before proceeding\*\*\***

### CT OF ABDOMEN (LIVER, PANCREAS, SPLEEN, OR ABDOMEN AORTA)

Nothing to eat, drink, or chew for 3 hours before your CT examination. Check in at Outpatient/Admissions one (1) hour BEFORE appointment time. You may be given a liquid to drink. This is why we have you arrive early. Your scan will take approximately 30 minutes. You may receive an injection of contrast if needed. Notify the technologist if you are allergic to contrast, iodine, or shellfish. You may be asked to fill out a questionnaire and consent form for injection. Empty your bladder before your test unless told otherwise. Everything will be explained to you by the CT technologist.

### CT OF PELVIS (PROSTATE, UTERUS, OVARIES, BLADDER, RECTUM)

Nothing to eat, drink, or chew for 3 hours before your CT examination. Check in at Outpatient/Admissions one (1) hour BEFORE appointment time. You may be given a liquid to drink. This is why we have you arrive early. Your scan will take approximately 30 minutes. You may receive an injection of contrast if needed. Notify the technologist if you are allergic to contrast, iodine, or shellfish. You may be asked to fill out a questionnaire and consent form for injection. Empty your bladder before your test unless told otherwise. Everything will be explained to you by the CT technologist.

### CT OF ABDOMEN AND PELVIS

Same instructions as for CT OF PELVIS. Exam takes at least 15 minutes longer.

### CT OF KIDNEYS OR ADRENALS

Nothing to eat or drink for 3 hours before exam time. Check in at Outpatient/Admissions 15 minutes BEFORE you scan time. You may be instructed to come in one (1) hour before scan time. You may receive an injection of contrast if needed. Notify the technologist if you are allergic to contrast, iodine, or shellfish. You may be asked to fill out a questionnaire and consent form for injection. Empty your bladder before you test. Your scan will take approximately 30 minutes. Everything will be explained to you by the CT technologist.

**If to rule out "kidney stones" drink three (3) 8oz. glasses of water (1) hour before.**

**DO NOT EMPTY YOUR BLADDER. Nothing to eat otherwise.**

### CT OF CHEST (CHEST, HEART LUNGS, AORTA)

Nothing to eat or drink for 3 hours before exam time. Check in at Outpatient/Admissions 15 minutes BEFORE your scan time. You may be asked to fill out a questionnaire and consent form for injection. Notify the technologist if you are allergic to contrast, iodine, or shellfish. Empty your bladder before your test. Your scan will take approximately 30 minutes. Everything will be explained to you by the CT technologist.

### CT OF (COMBINED) CHEST, ABDOMEN, PELVIS.

Same instructions as CT of Abdomen. Scan will take about 45 minutes.

### CT OF HEAD OR NECK (BRAIN, SKULL, INNER EAR, THROAT, LARYNX)

Nothing to eat or drink 3 hours before exam time. Check in at Outpatient/Admissions 15 minutes BEFORE your scan time. You may receive an injection of contrast if needed. You may be asked to fill out a questionnaire and consent form for injection. Notify the technologist if you are allergic to contrast, iodine, or shellfish. Empty your bladder before your test. Your scan will take approximately 20 minutes. Everything will be explained to you by the CT technologist.

CT OF SINUSES, FACIAL BONES, SPINE, ORBITS, OR OTHER BONES

No diet restriction UNLESS YOU ARE TOLD YOU NEED AN INJECTION. Check in at Outpatient/Admissions 15 minutes before your exam time. Empty your bladder before your test. Your scan will take approximately 30 minutes. Everything will be explained to you by the CT technologist.

NOTE:

*If you have had a barium enema or upper GI series less than two (2) weeks before your CT, please inform the receptionist at the time you schedule your CT appointment. An x-ray of the abdomen may need to be done to insure that there is no barium left that may ruin the CT study.*

*If you have diabetes, heart disease, renal failure, or are on Glucophage, please inform the CT technologist.*

*If you weigh over 300 lbs. please inform the Imaging Department as soon as possible. We may have to refer you elsewhere.*

*We make every effort to adhere to our schedule. Please be aware that some CTs may take more time than others. Your patience is appreciated.*